

## FACULTY

### *Anne Agur, BSc(OT), MSc, PhD*

Professor, Department of Anatomy, Faculty of Medicine at the University of Toronto. Dr. Agur is the current editor of "Grants Atlas of Anatomy."

### *Dr. Susan Mackinnon, MD, FRCSC FACS*

Program Director, Division of Plastic and Reconstructive Surgery, Shoenburg Professor and Chief, Department of Surgery, Division of Plastic and Reconstructive Surgery at the Washington University, School of Medicine in St. Louis, Missouri.

### *Joy MacDermid, BScPT, MSc(PT), PhD*

President-Elect of the American Society of Hand Therapists, Co-director of the Clinical Research Lab within the Hand and Upper Limb Centre, St. Joseph's Health Care in London, Ontario, and Associate Professor within the School of Rehabilitation Science, McMaster University

### *Pat McKee, OT Reg. (Ont.), MScOT*

Associate Professor, Department of Occupational Science and Occupational Therapy, University of Toronto

### *Christine Novak, BScPT, MSc, PhD(C)*

Research Associate, Wharton Head and Neck Centre, University Health Network in Toronto, Ontario

### *Ilene Cohen Ackerman, OT Reg. (Ont.), BScOT*

### *Mary Chang BScPT, CHT*

### *Shrikant Chinchalkar, OT Reg. (Ont.), OTR, CHT*

### *Jane Cox, OT Reg. (Ont.), MSc(OT), CHT*

### *Dr. Linda Dvali, MD, MSc, FRCSC FACS*

### *Lynne Feehan, BScPT, MSc (PT), PhD, CHT*

### *Dr. Brent Graham, MD, FRCSC FACS*

### *Susan Hannah, OT Reg. (Ont.), BScOT, Med, CHT*

### *Amanda Higgins, OT Reg. (NB), BScOT*

### *Louise Kelly, OT Reg. (Ont.), MSc, CHT*

### *Marie Eason Klatt, OT Reg. (Ont.), BScOT, CHT*

### *Antonette Krakowsky, OT Reg. (Ont.), BScOT, CHT*

### *Dr. Ralph Manktelow, MD, FRCSC*

### *Dr. Robert Richards, MD, FRCSC FACS*

### *Maureen Riley, BScOT, CHT*

### *Barbara Shankland, OT (C), BScOT, CHT*

### *Wendy Tilley, OT (C), BScOT*

### *Teresa Wesolowski, BScPT, CHT*

## REGISTRATION DETAILS

Registration can be completed by mailing in a cheque and completed registration form to the **Canadian Society of Hand Therapists** or online at [www.csht.org](http://www.csht.org)

Course materials, breakfast, lunch, refreshments, and wine and cheese are included in the cost of registration

All registration is subject to availability

For specific questions regarding the Conference please contact Marianne Williams, Conference Chair, at (416) 603-5800, extension 2534

### Conference Fees:

#### Early Bird Registration Due by March 1, 2009

	<u>Members*:</u>	<u>Non-Members:</u>
Early Bird Fees:	\$425.00	\$475.00
Late Registration:	\$475.00	\$525.00
Students	\$300.00	

\*go to [www.csht.org](http://www.csht.org) for membership information\*

**Cancellation Fee:** A full refund minus a \$100 administration fee is available prior to March 1, 2009. No refunds are available after March 1, 2009.

### ACCOMMODATIONS:

Limited conference rate rooms available for \$129.00 per night at the **Toronto Delta Chelsea Hotel** located on 33 Gerrard Street West in the heart of beautiful downtown Toronto. The Delta Chelsea is close to shopping, entertainment, museums, theatre, and world class restaurants.



[www.deltachelsea.com](http://www.deltachelsea.com)

1.800.CHELSEA



Cindy Holmes, Occupational Therapist  
Treasurer Canadian Society of Hand Therapists  
c/o Royal University Hospital  
103 Hospital Drive,  
Saskatoon, SK,  
S7N 0W8



Helping Hands Across Canada

Tout est fait à la main

## The 2<sup>nd</sup> National Canadian Society of Hand Therapists Conference 2009

April 24-25, 2009

Toronto Delta Chelsea Hotel

Toronto, Ontario, Canada



CANADIAN SOCIETY OF  
HAND THERAPISTS

SOCIÉTÉ CANADIENNE DES  
THÉRAPEUTES DE LA MAIN

## MESSAGE FROM THE PRESIDENT

Hello my fellow hand therapists! It is my great pleasure to invite you to our 2<sup>nd</sup> National Conference, which will take place April 24 to April 25, 2009 in beautiful downtown Toronto, Ontario.

The Canadian Society of Hand Therapists (CSHT) is a not-for-profit society made up of members who are occupational or physical therapists that share a common interest in hand therapy. The CSHT is recognized and connected with Canadian Society for Surgery of the Hand, the American Society of Hand Therapists, and the International Federation of Society of Hand Therapists. Our society will be turning 20 years young in 2009 and we continue to grow and develop.

Our first Conference, **Helping Hands Across Canada 2008**, was a resounding success and we look forward to your presence at this conference.

Please visit the Canadian Society of Hand Therapists website ([www.CSHT.org](http://www.CSHT.org)) for conference details and updates, submitting an abstract, information about the society, and membership application forms.

Sincerely,

Carol Zimmerman, BScOT, CHT  
President CSHT

## 2009 CSHT CONFERENCE PROGRAM

### Friday, April 24, 2009

- 0700-0800 **Registration and Continental Breakfast**
- 0800-8:15 **Welcome Address –**  
Carol Zimmerman,  
President CSHT
- 0815-0900 **Wound Healing and Decision Making in Hand Therapy -**  
Dr. Manktelow  
Mary Chang
- 0900-1000 **60 Pearls for the Arthritic Hand –**  
Marie Eason Klatt  
Susan Hannah  
Maureen Riley  
Antoinette Krakowsky  
Ilene Cohen Ackerman
- 1000-1030 **Exhibitors and Refreshments**
- 1030-1100 **PIP Joint Fracture Dislocations -**  
Dr. Richards
- 11:00-11:30 **Intra-Articular Fractures of the Hand –** Wendy Tilley
- 11:30-1200 **Extra-Articular Fractures of the Hand–** Lynne Feehan
- 1200-1300 **Lunch and Poster Viewing in the Exhibit Hall**
- 1300-1330 **Flexor Tendon Repairs –**  
Dr. Richards
- 1330-1345 **Flexor Tendon Management –**  
Amanda Higgins
- 1345-1500 **Flexor Tendon Panel Discussion**
- 1500-1530 **Poster Viewing, Exhibitors, and Refreshments**
- 1530-1700 **Breakout Sessions**
- **An Interactive Hand Muscle Anatomy Review.** Pat McKee and Anne Agur
  - **Soft Tissue Injuries and Management of the Hand.** Jane Cox
  - **Static Progressive Splinting and Joint Active Systems.** Shrikant Chinchalkar
- 1700-1800 **CSHT Business Meeting**
- 1800-2100 **Wine and Cheese**

*Program is subject to change without notification.*

## 2009 CSHT CONFERENCE PROGRAM

### Saturday, April 25, 2009

- 0700-0800 **Continental Breakfast**
- 0800-0900 **Current Trends in Nerve Surgery –**  
Dr. Mackinnon
- 0900-0930 **Rehabilitation Following Nerve Surgery –** Christine Novak
- 0930-1000 **Challenges Following Nerve Injury –** Panel Discussion
- 1000-1030 **Refreshments and Poster Viewing in the Exhibit Hall**
- 1030-1100 **Office Ergonomics and the Upper Extremity –** Barbara Shankland
- 1100-1200 **Clinical and Scientific Paper Presentations –**  
Each paper will be 10 minutes in duration
- 1200-1300 **Lunch in the Exhibit Hall**
- 1300-1345 **Evaluation of Chronic Nerve Compression –**  
Dr. Mackinnon and  
Christine Novak
- 1400-1500 **Breakout Sessions**
- **Innovative Orthotic Designs and Materials - Helpful Tricks and Tips.** Pat McKee
  - **Sensory Re-education.** Louise Kelly
  - **EMG Biofeedback-Electrical Stimulation Using Neurotrac.** Shrikant Chinchalkar
- 1500-1515 **Break in the Exhibit Hall**
- 1515-1545 **Research in Hand Therapy, Where to Begin –**  
Joy Macdermid
- 1545-1600 **Awards, Recognition, Wrap-up, Closing Ceremonies and 2010 Venue Announcement**

## REGISTRATION FORM

Name: \_\_\_\_\_  
Address: \_\_\_\_\_ City: \_\_\_\_\_  
Province/State: \_\_\_\_\_ Postal Code: \_\_\_\_\_ E-Mail Address: \_\_\_\_\_  
Home Phone #: \_\_\_\_\_ Work #: \_\_\_\_\_

Please circle: OT / PT / CHT / STUDENT (OT / PT)

Please make cheques payable to the  
**Canadian Society of Hand Therapists**  
and mail to the following address:

Cindy Holmes, Occupational Therapist  
Treasurer Canadian Society of Hand Therapists  
c/o Royal University Hospital  
103 Hospital Drive,  
Saskatoon, SK, S7N 0W8

**Preferred Breakout Session – Please check one for each day**

### April 24, 2009

- An Interactive Hand Muscle Anatomy Review.**
- Soft Tissue Injuries and Management to the Hand.**
- Static Progressive Splinting and Joint Active Systems.**

### April 25, 2009

- Innovative Orthotic Designs and Materials. Helpful Tricks and Tips.**
- Sensory Re-education.**
- EMG Biofeedback-Electrical Stimulation using Neurotrac.**

To register by credit card please visit [www.CSHT.org](http://www.CSHT.org)