



### Location

The Meeting will be held in the Beurs-WTC Congress Center, [www.wtcrotterdam.nl](http://www.wtcrotterdam.nl), which is located in the heart of the city of Rotterdam next to the city hall and is easily accessible. The building has its own metro station "Beurs", only 2 stops from the central railway station. Beurs-WTC is a modern building with a historical past. A past that dates back to 1598, when the first Rotterdam Beurs (stock exchange) was founded. In 1941, the Beurs on the Coolingsingel was opened. This building, with its many functions, housed not only numerous exchanges, but also shops, conference halls, a bar and offices. Rotterdam Airport has several regional connections, see [www.rotterdam-airport.nl](http://www.rotterdam-airport.nl). Hotels are on walking distance. For more info on Rotterdam please check <http://en.wikipedia.org/wiki/Rotterdam> or [www.rotterdam.nl](http://www.rotterdam.nl)

### Venue

Beurs-WTC Congress Centre  
Beursplein 37  
3011 AA Rotterdam  
The Netherlands  
Tel. +31-10-4054462

### Conference language

The conference language will be English.

### Exhibition & sponsored symposia

A targeted group of medical and pharmaceutical companies will be invited to expose their products and services.

### Registration

Delegates can register at a reduced fee before 15 April 2009. As of April 15 the normal registration fee applies. Registration can be submitted through the website [www.essercourse.nl](http://www.essercourse.nl). There you can also find the information about hotel reservations.

#### Esser Course 2009 Registration Fee

Until 15 April 2009		As of 15 April 2009	
Physician	EUR 400	Physician	EUR 450
Fellow	EUR 250	Fellow	EUR 300
Industry Professional	EUR 550	Industry Professional	EUR 675
Conference Dinner	EUR 50		

### Accreditation

Accreditation is applied for with the following societies:

- Dutch Orthopaedic Association
- Dutch Society for Plastic Surgery
- Dutch Society of Rehabilitation Medicine

### Conference Dinner

The Esser Course Conference Dinner will be held on Monday 8 June 2009 in the lively city of Rotterdam. Tickets are available at EUR 50,- per person.

### Cancellations

All cancellations must be sent to the Course Secretariat by mail or fax. Payment will be reimbursed if the cancellation is received before 15 May 2009. Payment will be reimbursed to 50% if the cancellation is received between 15 May 2009 and 1 June 2009. No reimbursement will be given if the cancellation is received after 1 June 2009.

### The Esser Course 2009 is supported by:



# ESSER COURSE

Main announcement

## XIII<sup>th</sup> Esser Course

New Advances in  
Peripheral Nerve Surgery

Beurs - World Trade Center, Rotterdam, 8-9 June, 2009

## Introduction

The organizing committee would like to invite you to the XIIIth Esser Course; New Advances in Peripheral Nerve Surgery. Over the years the Esser Course has gained a renowned reputation as a result of high-standard presentations of national and international speakers on the topic of plastic, reconstructive and hand surgery. We are proud of the presence of again a large group of international and national expert speakers, who provide in-depth hands-on advice to apply in your specialized practice after returning home. This Esser course will discuss the daily dilemma's in hand surgical practice- We are looking forward to seeing you in Rotterdam!

Henk Coert, MD, PhD, course director

## Keynote speakers

### International:

Peter C. Amadio, MD, Orthopedic Surgeon Mayo Clinic, Rochester (MN), USA  
Justin Brown, MD, Neurosurgeon, Washington University School of Medicine, St Louis, MO, USA  
Reimer Hoffmann, MD, Plastic Surgeon Evangelisches Krankenhaus, Oldenburg, Germany  
Christina Jerosch-Herold, PhD, Department of Occupational Therapy, University of East-Anglia, Norwich, UK  
Göran Lundborg MD, PhD, Hand surgeon, Malmö, University Hospital, Malmö, Sweden  
Susan E. Mackinnon, MD, Plastic Surgeon Washington University School of Medicine, St Louis (MO) USA

### National (The Netherlands):

Ronald H.M.A. Bartels, MD, PhD, Neurosurgeon, Nijmegen University Medical Center, Nijmegen  
J. Henk Coert, MD, PhD, Plastic Surgeon, Erasmus University Medical Center, Rotterdam  
Steven E.R. Hovius, MD, PhD, Plastic Surgeon, Erasmus University Medical Center, Rotterdam  
Frank J. Huygen, MD, PhD, Anesthesiologist, Erasmus University Medical Center, Rotterdam  
Martijn J. Malessy, MD, PhD, Neurosurgeon, Leiden University Medical Center, Leiden  
Ton A. Schreuders, PhD, Hand therapist, Erasmus University Medical Center, Rotterdam  
Gerhard H. Visser, MD, PhD, Neurologist, Erasmus University Medical Center, Rotterdam  
Erik T. Walbeehm, MD, PhD, Plastic Surgeon, Erasmus University Medical Center, Rotterdam

## Local Organizing Committee

Department of Plastic, Reconstructive and Hand Surgery  
Erasmus University Medical Center

J. Henk Coert, MD, Course director, PhD, Steven E.R. Hovius, MD, PhD, Hinne Rakhorst MD, PhD,  
J. Michiel Zuidam, MD, Carin Oostdijk

## Scientific Secretariat

Esser Course Organizing Committee 2009  
Department Of Plastic, Reconstructive and Hand Surgery  
Erasmus University Medical Center  
PO Box 2040, 3000CA Rotterdam, The Netherlands  
Essercourse@gmail.com, Tel. +31-10-7033407

## Course Secretariat

Congress Company  
Bruistensingel 104  
P.O. Box 2428  
5202 CK 's-Hertogenbosch  
The Netherlands  
Tel. +31-73-7003500  
Fax. +31-73-7003505  
info@congresscompany.com  
www.congresscompany.com

[www.essercourse.nl](http://www.essercourse.nl)



Programme

## Monday 8 June 2009

9:15	<b>Opening &amp; Welcome</b> S.E.R. Hovius
<b>09.25 - 10.35</b>	<b>Sensory assessment and education</b>
9:25	Sensibility testing: where are we in 2009? C. Jerosch-Herold
9:40	Motor testing: where are we in 2009? T.A. Schreuders
9:55	Update on sensory re-education: C. Jerosch-Herold
10:10	Update on electrodiagnostic testing: should we use CMAP scans? G.H. Visser
10:35-11:00	Coffee break
<b>11.00 - 12.40</b>	<b>Nerve reconstruction: the "graft versus tube" dilemma</b>
11:00	My experience with autologous grafts: M.J. Malessy
11:10	My experience with silicon tubes: G. Lundborg
11:20	My "take" on nerve conduits: S.E. Mackinnon
11:30	Panel discussion
12:10	Esser Lecture: The hand and the brain in 2009: G. Lundborg
12:40-13:30	Lunch
<b>13.30 - 14.40</b>	<b>Cubital tunnel syndrome</b>
13:30	Endoscopic cubital tunnel: the new way? R. Hoffmann
13:40	The role of simple decompression: M.J. Malessy
13:50	My "take" on ulnar transposition and on recurrent ulnar compression: S.E. Mackinnon
14:00	Ulnar nerve transposition: are we doing too much? R.H.M.A. Bartels
14:10	Panel discussion: Cubital tunnel surgery: to transpose or not?
14:40-15:10	Tea break
<b>15.10 - 16.30</b>	<b>Brachial plexus surgery</b>
15:10	Brachial plexus surgery: what works and does not...: M.J. Malessy
15:25	Functional nerve transfers: S.E. Mackinnon
15:50	Prevention of muscle atrophy in high median and ulnar nerve lesions: J.H. Coert
16:10	Nerve tumors: what should we know about them: J. Brown
16:30	Artificial mind-controlled hands: new frontiers: G. Lundborg
17:00	Drinks
19:00	Conference Dinner

## Tuesday 9 June 2009

<b>09.30 - 10.50</b>	<b>Carpal tunnel syndrome</b>
9:30	Carpal tunnel syndrome: the value of electrodiagnostic testing: G.H. Visser
9:40	Carpal tunnel surgery: new concepts in etiology: P.C. Amadio
9:50	Endoscopic management of carpal tunnel syndrome: R. Hoffmann
10:00	Failed carpal tunnel surgery: what should we do? S.E. Mackinnon
10:10	Management of nerve compression in musicians: P.C. Amadio
10:20	Outcome measures after carpal tunnel surgery: do we live up to the challenge: C. Jerosch-Herold
10:30	Panel discussion: Carpal tunnel syndrome
10:50	Coffee break
<b>11.30 - 12.45</b>	<b>Pain treatment</b>
11:30	Non-surgical treatment options for neuropathic pain: F.J. Huygen
11:45	Surgical treatment options for neuropathic pain: J.H. Coert
12:00	New advances in understanding cold intolerance: E.T. Walbeehm
12:15	Panel discussion
12:45	Adjourn S.E.R. Hovius / J.H. Coert